

# **Curriculum Vitae**

**May 2017**

**Dr Leigh Anthony Neal  
MB BCh MRCP DRCOG FRCPsych MD**

**Consultant Psychiatrist**

**Medical Director  
Psychiatric Neuromodulation Clinic  
South Kensington, London**

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## 1.0 Personal Details

Name: **Dr Leigh Anthony Neal.**

Appointment: **Consultant Psychiatrist**

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GMC Registration: **2716958**

MDDUS Membership: **M187181**

Responsible Officer: **Independent Doctors Federation**

Date of Birth: **4th January 1958.**

Nationality: **British.**

## 2.0 Medical Qualifications and Medals

- 1981 Bachelor of Medicine & Surgery (MB BCh).
- 1982 Certificate in Aviation Medicine (RAF).
- 1985 Member of the Royal College of General Practitioners (MRCGP)
- 1987 Diploma of the Royal College of Obstetricians & Gynaecologists (DRCOG)
- 1990 Membership of the Royal College of Psychiatrists (MRCPsych)
- 1994 Certificate of Completed Specialist Training (CCST) in General Adult Psychiatry. Consultant Appointment.
- 1996 Sir Andrew Humphrey Memorial Medal Annually awarded to the RAF Medical Officer performing the most meritorious act in the pursuit of saving human life.
- 2000 Doctor of Medicine Degree (MD).
- 2007 Fellow of the Royal College of Psychiatrists (FRCPsych)
- 2015 Maastricht University Certificate in Transcranial Magnetic Stimulation.

## 3.0 Revalidation

I am a member of the Independent Doctors Federation. I am revalidated by the GMC until June 2019. I am up to date with CPD. I am on both the GMC Specialist Register and the General Practitioner Register. I have a license to practice.

## 4.0 Clinical Appointments

### **Dec 2015 -**

Medical Director  
Psychiatric Neuromodulation Clinic  
South Kensington, London

### **Apr 2011 -**

Consultant Psychiatrist  
SouthWest Veterans Mental Health Service  
Avon and Wiltshire Partnership NHS Trust

### **Sep 2008 – Apr 2011**

Consultant Psychiatrist  
Bristol Trauma Clinic  
Litfield House, Bristol,

### **Oct 2002 -Sep 2008**

Consultant Psychiatrist  
Bristol Priory Hospital

**Oct 2000 - Sep 2002**

Civilian Consultant General Adult and Liaison Psychiatrist  
Duchess of Kent Tri-Service Psychiatric Hospital

**Jul 1997 - Oct 2000**

Hospital Commander  
Head of Tri-Service PTSD Unit  
Consultant Psychiatrist General Adult and Liaison Psychiatry  
Duchess of Kent Tri-Service Psychiatric Hospital

**Nov 1995 - Jul 1997**

Consultant Psychiatrist  
General Adult and Liaison Psychiatry  
Duchess of Kent Military Hospital and RAF Headley Court

**May 1994 - Nov 1995**

Consultant Psychiatrist General Adult and Liaison Psychiatry  
RAF Hospital Wroughton and RAF Headley Court

## **5.0 Civil Forensic Experience**

Since 1994 I have prepared, between 70 to 150 personal injury reports a year for defendants and claimants involved in personal injury actions. Instructions for personal injury work over the past 5 years has been split: defendant 60% and claimant 40%.

I have considerable experience giving evidence for defendants & claimants in the High Court and County Court, giving evidence approximately 150 times since 1994. I was a medical expert in the reported veterans class action *Multiple Claimants v the Ministry of Defence (2000)* and a reported mental capacity case *Lindsay v Wood (2006)*. The most recent court case was an accident at work claim *Gardner v Amey PLC (2013)* for which I was an expert on the successful side.

I have attended training courses in the responsibilities of an expert witness and report writing.

## **6.0 Clinical Experience:**

### ***Post Traumatic Stress Disorder:***

Over the past 25 years I have been involved in the psychiatric management of the victims of war trauma, car accidents, industrial accidents and crime. I have managed many civilian victims of child abuse, rape and assaults. I have treated veterans of WW II, Far East prisoners of War, Korean War, Falklands Conflict, Gulf Conflict, Bosnia & Kosovo, Iraq and Afghanistan. I developed one of the first psychological treatment protocols for PTSD in the armed forces in 1988. I was the head of the armed forces inpatient PTSD unit between 1996 and 2002. In 2000 I was appointed as a member of the Gulf Veterans Illness Unit specialist panel of PTSD experts. In 2002 I was instructed as an advisor to the Home Office regarding PTSD claims in Asylum seekers. My MD thesis was based on the development and validation of psychometric self-report tests for PTSD. I developed and validated the Computerised CAPS-1-Revised (CC-1-R) for assessing PTSD with validation data published in the peer reviewed journal Psychological Medicine. I have researched the use of

psycho-physiological measurements in PTSD and I developed biofeedback protocols for the assessment and self-directed exposure treatment in PTSD in the armed forces. I treated servicemen with PTSD as inpatients in the Priory Hospital between 2002 and 2008. Between 2008 and 2011 I formed the Bristol Trauma Clinic with colleagues at Litfield House Medical Centre, in Bristol, in order to treat patients with PTSD and related problems.

Between April 2011 and May 2017 I was employed by the NHS providing outpatient clinics for the South West Veterans Mental Health Service [www.swveterans.org.uk](http://www.swveterans.org.uk) (in partnership with Combat Stress) to assess and treat war veterans suffering from physical and psychological injuries from combat in Afghanistan and Iraq.

### ***Severe Depression:***

Since December 2015 I have been the medical director of a private psychiatric neuro-modulation clinic based in South Kensington in London. I trained in this procedure at Maastricht University. I am a member of the International Neuromodulation Society and the USA Clinical TMS Society. The clinic treats resistant major depression, PTSD, OCD and neuropathic pain with repetitive transcranial magnetic stimulation (rTMS), which was approved by NICE in December 2015.

### ***Somatoform Disorders and Regional Pain Syndromes:***

I developed clinical experience in the management of somatoform pain disorders as an inpatient military trauma psychiatrist, providing a psychiatric liaison service to the Military Rehabilitation Centre at Headley Court between 1994 and 2002. I continue to treat military veterans who often have co-morbid pain and psychiatric disorders. I have been a member of the International Association for the Study of Pain (IASP). I have a number of recent pain-related publications (see the Appendix). I have lectured at the British Pain Society (2013) and the British Orthopaedic Society (2013) on the medico-legal aspects of pain and psychiatry.

### ***Head Injuries:***

I have developed clinical experience in the assessment and management of co-morbid brain injury and psychiatric injury as an inpatient military trauma psychiatrist, providing psychiatric liaison services to the Military Rehabilitation Centre at RAF Headley Court between 1994 and 2002 and the subsequent treatment of military veterans. I am experienced at assessing organic personality disorders, organic affective disorders, post-concussion syndrome and the capacity to litigate and manage personal affairs. I have given expert psychiatric evidence in a reported case on mental capacity [Lindsay vs Wood [2006] EWHC (QB)].

### ***Alcohol and Drug Abuse/Dependency:***

I have training in the management of drug and alcohol abuse/dependency. I have 15 years experience of providing inpatient drug and alcohol abuse services in the Armed Forces and in the Priory Hospital as a Consultant Psychiatrist. I am experienced in the management of co-morbid alcohol or drug problems arising as a result of trauma or physical injury.

### ***Work Stress and Work Disability:***

I worked as an occupational GP and occupational Consultant Psychiatrist in the Armed Forces for 20 years. I have subsequently provided occupational advice to the Wiltshire Police Force as well as a number of large companies working in the South West. I am very experienced at the practical rehabilitation of a variety of trades and professional occupational groups, with psychological problems, back to work.

### ***Aviation Medicine and Fitness to Drive:***

I hold the certificate in aviation medicine from the RAF. I have clinical experience of assessing a pilot's fitness to fly in fast jets, commercial aircraft and helicopters. I have experience of assessing fitness to drive in commercial vehicles for the PSV and HGV

### ***Anorexia Nervosa***

I have clinical experience of treating Anorexia Nervosa and Bulimia Nervosa in the Priory Hospital Bristol and I have acted as a medical expert in a number of cases of anorexia and bulimia following accidents.

### ***General Medical Experience***

I have had additional clinical training in orthopaedics, gynaecology and obstetrics as a senior house officer. I was a qualified General Practitioner in the RAF and the NHS for 6 years prior to commencing psychiatric training. I have general clinical experience of assessing and managing medical and surgical problems.

## **7.0 Academic Appointments:**

- |      |   |
|------|---|
| 2003 | Appointed Honorary Senior Lecturer in Psychiatry to Kings Centre for Military Mental Health Research, Kings College London. |
| 1997 | Appointed Honorary Senior Clinical Lecturer in Psychiatry to Leeds University.  |

## **8.0 Invited Peer Scientific Review**

I continue to be asked to peer review academic articles for publication and have peer reviewed articles for the following journals:

- British Journal of Psychiatry,
- International Journal of Forensic Science,
- International Journal of Geriatric Psychiatry,
- Journal of Addiction,
- Social Psychiatry and Psychiatric Epidemiology,
- Primary Care and Community Psychiatry,
- Journal of the Royal Army Medical Corps
- Drugs and Therapeutics Bulletin.

## Appendix

### Academic Publications

Neal LA (2015) Somatoform Disorders in Litigation: Causation and Prognosis. *Bone & Joint Journal: BJ360*. 4:41-43.

Neal LA (2014) Military Law in the UK Gunn J and Taylor T (eds), *Forensic Psychiatry 2<sup>nd</sup> Edition: Clinical, Legal and Ethical Issues*. CRC Press, Boca Raton. Highly Commended 2014 BMA Book Awards.

Neal LA & Valentine J (2013) Medically Unexplained Pain in Personal Injury Litigation. *Personal Injury Law Journal*. 117. 2-8.

Neal LA (2011) *The Psychiatrist*. Fibromyalgia: psychiatrists should now be picking up the baton. 35: 190-191.

Neal LA (2009) Complex Regional Pain Syndrome: The role of the psychiatrist as an expert witness. *Medicine Science and the Law* 49 (4). 241-246.

Neal LA (2007) Pain Disorders: Diagnosis and Causation. *Personal Injury Law Journal*. 55. 3-5.

Turner MA, Finch P, Kiernan MD, McKechnie AG, and Neal LA (2007) Psychosis in the British Army: A 2-year follow-up study. *Military Medicine*. 171.12:000.

Turner MA Neal LA (2006) Complex Regional Pain Syndrome - Type I (CRPS-1) and Mental Illness. *Psychiatric Times*. Vol XXIII. No 14. December.

Turner MA, Kiernan MD, McKechnie AG, Finch PJC, McManus FB, Neal LA (2005) Acute Military Psychiatric Casualties from the War in Iraq. *British Journal Psychiatry*. **184**. 476-479.

Neal LA, Green G, Turner M (2004) Post Traumatic Stress and Disability. *British Journal Psychiatry* 184. 247-250.

Turner M & Neal LA (2004) British Military Forensic Psychiatry. *Medicine Science and the Law*. 44 (2), 107-15.

Neal LA, Watson D, Hill D. et al (2004) Route Cause Analysis for the Investigation of Serious Untoward Incidents in Mental Health Services. *Psychiatric Bulletin*. **28**. 75-77.

Turner M & Neal LA (2003) Editorial: Military Forensic Psychiatry. *British Journal of Psychiatry*. **183**. 10-11.

Neal LA (2003) Letter. PTSD in War Veterans. *British J Psychiatry*. **183**. 75.

Turner MA, Taylor P, Neal LA. (2003) Physical & Psychiatric Predictors of Late Whiplash Syndrome. *Injury*. **34**(6) 434-437.

Neal LA, Kiernan M, Hill D, McManus F, Turner M (2003). The management of mental illness by the British Army: *British Journal of Psychiatry*. **182**. 337-341.



Gabriel R & Neal LA (2002) Lesson of the week. Post traumatic stress disorder following military combat or peace-keeping. *British Medical Journal*. **324**. 340-341.

Neal LA (2001) Medical help seeking by motor vehicle accident claimants. *Medicine Science & the Law*. **41**. (1) 26-30.

Neal LA (2001) *Mental Health Care Provision for British Serving Personnel*. pp115-124 in Proceedings of the Department of Social Security War pensions Agency Conference. Royal College of Physicians. London. March 9-10, 2000. The Stationary Office. London.

Neal LA (1999) *The Assessment of Post Traumatic Stress Disorder and Personality Disorder by computer*. M.D. Thesis. University of Wales College of Medicine.

Neal LA, Hill NJ, Fox C (1999) The Forensic Value of Psychophysiological Tests of Post Traumatic Stress Disorder. In *The International Handbook of Road Traffic Accidents & Psychological Trauma: Current Understanding, Treatment and Law*. pp 291-305 (Eds Blanchard & Hickling) Elsevier Science Ltd. Oxford \*.

Neal LA (1998) Invited Commentary: The treatment of World War II Veterans with posttraumatic stress disorder. *Advances in Psychiatric Treatment*. **4**, 217-218.

Neal LA (1998) Letter. Pharmacotherapy for PTSD: *Advances in Psychiatric Treatment*. **4**, 790.

Neal LA, Shapland W, Fox C (1997) An open trial of moclobemide in the treatment of posttraumatic stress disorder. *International Clinical Psychopharmacology*. **12**, 231-237.

Neal L.A., Fox C., Carroll N., Holden M. (1997) Development and Validation of a Computerised DSM-III-R Personality Disorders Screening Questionnaire. *Acta Psychiatrica Scandinavica*. **95**, 351-356.

Weinstein A, Neal LA, Nutt D (1996): Cognitive processing in Post-Traumatic Stress Disorder. *Anxiety*; **2**, 130-139.

Neal LA (1996) The History of PTSD. *World Veterans Federation: Newsletter*. **6** (2) 7-8.

Neal LA, Rose MC (1995): Factitious post traumatic stress disorder: A case report. *Journal of Medicine Science & the Law*; **10**, 352-354.

Neal LA, Hill NC, Busuttil W.(1995): Convergent Validity of measures of post traumatic stress disorder in former prisoners of war; *International Journal of Geriatric Psychiatry*; **10**: 619-624.

Carroll N., Neal L.A. (1995) Case Reports: Diencephalic tumours presenting as behavioural problems in the work place. *Occupational Medicine*. **47**, 52-54.

Neal LA. (1994): Pitfalls of Making a Categorical Diagnosis of PTSD in Personal Injury Litigation. *Journal of Medicine, Science and the Law* **34**:117-122.

Neal LA, Busuttil W, Rollins J. (1994): Convergent Validity of Measures of Post Traumatic Stress Disorder in a Mixed Military and Civilian Population. *Journal of Traumatic Stress*: **7**: 447-450.

Neal, LA., Busuttil, W., Herepath, R. (1994): Development and Validation of the Computerised Clinician Administered Post Traumatic Stress Disorder Scale-1 Revised. *Psychological Medicine*; **24**, 701-706.

Busuttill W., Turnbull G., Neal LA., Rawlings J. (1994): Incorporating psychological debriefing techniques in the treatment of Post-Traumatic Stress Disorder. *British Journal of Psychiatry*; **167**, 495-503.

Hughes J, Neal LA (1994) Letter: Persistent PTSD. *British Medical Journal*; **309**, 873

Neal LA. (1993) Letter: Personality Disorder and Self-Report Questionnaire. *British Journal of Psychiatry*. **162**. 709.

Neal LA, Nutt D (1993): *International Monitor*; Invited editorial: Treatment of Panic Disorder; **9**, 91-94.

Lillywhite A., Neal LA. (1993) Letter: The importance of severity as a factor in PTSD. *British Journal of Psychiatry*. **163**. 837.

### **Submitted Manuscripts:**

Neal LA (1998) The prevalence of Post-Traumatic Stress Disorder in British troops presenting with "Gulf war syndrome" Accepted for publication by the *Lancet*. [Publication blocked by the MOD].