

MEDICOLEGAL CURRICULUM VITAE
Dr Radu Iosub
DrMed (MBBS) PhD MRCPsych
Consultant General Adult and Addictions Psychiatrist

June 2022

Professional Membership

- GMC Specialist Register (General Adult and Substance Misuse Psychiatry): 6159759
- Royal College of Psychiatrists: 902585
- Medical Indemnity (MDDUS): M244331

Professional Qualifications

- Medical degree (DrMed: Bucharest University, 2001)
- PhD (Fachbereich Medizin, Giessen University Germany, 2006)
- Membership of the Royal College of Psychiatrists (2014)
- Approved under Section 12(2) Mental Health Act 1983/2007 (first approved in 2014 and last renewed in 2022)
- Certificate of Completion of Speciality Training, 2017 (General Adult and Substance Misuse Psychiatry).

Medico-legal Practice

- I have attended medico-legal training at the Royal College of Psychiatrists
- I have worked as a psychiatric expert witness for 3 years.
- I have appeared in Court as an expert witness on a number of occasions.

Areas of Psychiatric Expertise Include

1. Post Traumatic Stress Disorder

I have over 10 years of experience in assessing and managing patients suffering from post-traumatic stress disorder (PTSD) and complex post-traumatic stress disorder (cPTSD). In my current private practice, I continue to assess and treat patients with PTSD and cPTSD, both in outpatient and inpatient clinical settings. I am experienced with addressing clinical nuances linked to the specific aetiologies of post-traumatic stress disorder (for example, where it has been caused by physical abuse, sexual abuse, battlefield PTSD in military personnel or patients who developed PTSD as a result of a road traffic accident).

2. Mood disorders – including depression and bipolar affective disorder

Over more than 10 years, practising in the field of psychiatry, I have acquired a wide breadth of experience in assessing and treating all aspects of mood disorders (including depression, bipolar

MEDICOLEGAL CURRICULUM VITAE
Dr Radu Iosub
DrMed (MBBS) PhD MRCPsych
Consultant General Adult and Addictions Psychiatrist

June 2022

affective disorder, cyclothymia, dysthymia, seasonal affective disorder as well as premenstrual dysphoric disorder), both as primary diagnoses and comorbid with other mental health conditions such as PTSD.

3. Alcohol and Drug Misuse/Dependency

I have additional training as a specialist in the field of substance misuse and addictions, and this clinical aspect still forms a significant proportion of my day-to-day clinical practice. I am an accredited consultant psychiatrist with a recognised specialism in substance misuse psychiatry. I have worked as the Lead Consultant for Dorset Drug and Alcohol Services, and for Acer Specialist inpatient addictions unit in Bristol until 2020.

4. Personality disorders

Over the more than 10 years, I have been assessing and treating patients with personality disorders. I am experienced in meticulously assessing for different traits of personality disorders and in formulating evidence-based management plans, working collaboratively with other professional groups such as clinical psychologists.

5. Patients with comorbid physical health conditions including pain

I have gained clinical experience in managing patients with complex physical health conditions, including complex pain by working as part of a leading clinical team within the Neuropsychiatry unit at Frenchay Hospital in Bristol, during my specialist training. As an addiction specialist, I continue to see patients with significant physical health comorbidities and with complex pain syndrome, in my clinical practice.

6. Somatoform and Conversion Disorders

I gained experience in assessing and managing patients with somatoform and conversion disorder over more than 10 years of working in various psychiatric services. I continue to see patients with various aspects of somatoform and conversion disorders in my day-to-day clinical practice.

MEDICOLEGAL CURRICULUM VITAE
Dr Radu Iosub
DrMed (MBBS) PhD MRCPsych
Consultant General Adult and Addictions Psychiatrist

June 2022

7. Old Age Psychiatry

As a general adult consultant psychiatrist, I have experience in assessing and treating adult patients of all ages. To this date, a proportion of my caseload is represented by patients over the age of 65 presenting with various psychiatric conditions.

8. Mental Capacity

Over more than 10 years of psychiatric clinical practice, I've gained experience in assessing mental capacity specific to various decisions, both in my clinical and medicolegal practice. I am experienced in assessing an individual's testamentary capacity as well as specific aspects of the mental capacity (capacity to make decisions about health, care of finances).

9. Psychotic Illnesses

I am experienced in the assessment and treatment of patients with a psychotic illness. I developed a special interest in the field of psychosis, and I worked as the Lead Consultant for the Early Intervention in Psychosis for Somerset partnership NHS trust between 2017 and 2019. During the same period, I chaired the Trust-wide Psychosis Best Practice Meeting in Somerset, a professional forum focusing on promoting best practice and evidence-based treatments for patients suffering with psychoses.

Revalidation and Continuing Professional Development

- I engage with Continuing Professional Development, including in areas relevant to medico-legal work and am in good standing with the Royal College of Psychiatrists
- I am a member of a medico-legal CPD peer supervision group
- I have attended medico-legal training at the Royal College of Psychiatrists
- I am revalidated by the GMC
- I have a licence to practice

Clinical Experience

I have been practicing as a consultant psychiatrist since 2017. I completed my undergraduate medical training at Bucharest University in 2001. Following a period of focusing on medical research, completing a PhD and working at Bristol University as a postdoctoral research fellow in

MEDICOLEGAL CURRICULUM VITAE
Dr Radu Iosub
DrMed (MBBS) PhD MRCPsych
Consultant General Adult and Addictions Psychiatrist

June 2022

the field of Neurosciences, I started my post-graduate clinical training at Bristol Royal infirmary in 2008.

I completed one year of training as part of the national training scheme for Emergency Medicine, at Torbay Hospital (between 2010 and 2011). I undertook my core psychiatric training in Bristol as part of the Severn Deanery training scheme for psychiatry (between 2011 and 2014). I completed my higher training as a psychiatrist in Bristol, specializing in general adult psychiatry and substance misuse/addictions (between 2014 and 2017).

I was first appointed as a Consultant Psychiatrist and Clinical Research Lead for Somerset partnership NHS trust in 2017.

I worked as a clinician in the NHS for more than 11 years. I am currently practicing as a Consultant Psychiatrist based at Bristol Priory Hospital and Litfield House Medical Centre.

Current Positions

- I am a Consultant Psychiatrist specialising in adult psychiatry and substance misuse/addictions, based at Bristol Priory Hospital and at Litfield House Medical Centre.
- I am the chair of the South West forum for Addiction Consultant Psychiatrists.

Previous Positions

- Nov 2020 - Feb 2022: Consultant Psychiatrist, Clouds House, Forward Trust.
- Mar 2019 – Oct 2020: Consultant Addiction Psychiatrist, Avon & Wiltshire Mental Health NHS Trust (ACER NHS Specialist Inpatient Addictions Unit in Bristol and for Bournemouth and Dorset Specialist Drug and Alcohol Service, Educational Supervisor for advanced and core psychiatric trainees, Chair of the South West Addiction Consultant Psychiatrists Forum).
- Aug 2017 – Mar 2019: Consultant Psychiatrist, Somerset Partnership NHS Foundation Trust (Consultant for Early intervention of Psychosis in Somerset, Chair of the regional Psychosis Best Practice Group Meeting in Somerset, Educational supervisor for advanced trainees and acting up consultants, Principal Investigator for RADAR and SCENE research studies in Somerset and Clinical Research Lead for the Trust).
- Aug 2014 - Aug 2017: Advanced Training in General Adult and Addictions Psychiatry

MEDICOLEGAL CURRICULUM VITAE
Dr Radu Iosub
DrMed (MBBS) PhD MRCPsych
Consultant General Adult and Addictions Psychiatrist

June 2022

- Aug 2011 - Aug 2014: Core Training in General Psychiatry
- Aug 2010 - Aug 2011: Emergency Medicine Core Training, Torbay Hospital
- Aug 2008 - Aug 2010: Foundation Training South West England (Severn Deanery)
- Aug 2005 – Aug 2008: Postdoctoral Research Fellow, Neurophysiology department, Bristol University
- Oct 2002 – Aug 2005: PhD student, Fachbereich Medizin, Giessen University

Academic Publications

- R. Iosub, I. Seeger, F. Law, N. Wallbank and J. Melichar (December 12, 2016): Substantial improvement in outpatient opiate-free exits using a novel resource-efficient lofexidine and buprenorphine-based protocol ('Detox-in-a-Box') – a service evaluation study. *Heroin Addict Relat Clin Probl.* 2017; 19(4): 5-12
- Iosub, R. et al. The Effect of Methadone and Additional Torsades-de-Pointes Predisposing Risk Factors (TdPPRFs) on QTc in a Cohort of Patients Maintained on High Dose Methadone - A Clinical Safety Caseload Analysis (Abstract) - *European Psychiatry* – March 2016 Volume 33, Supplement, Pages S301–S302
- Iosub R. et al Calcium-Induced calcium release during action potential firing in developing inner hair cells. *Biophys J.* 2015 Mar 10;108(5):1003-12. doi: 10.1016/j.bpj.2014.11.3489.
- Iosub, R. et al. Dramatic Improvement in Outpatient Opiate-free Exits Using a Novel Resource-efficient Lofexidine-based Protocol (BristolL-regime) – a Service Evaluation Study (Abstract), *European Psychiatry* , March 28–31, 2015 Volume 30, Supplement 1, Pages 475a, 475b
- Iosub, R. et al. EPA-0802 - Service evaluation report: Overview of the use of antipsychotic long-acting injections (LAIs) in North Bristol Recovery Service (NBRS) *European Psychiatry* , 2014 Volume 29, Supplement 1, Page 1
- Kirischuk S, Akyeli J, Iosub R, Grantyn R. Pre- and postsynaptic contribution of GABAC receptors to GABAergic synaptic transmission in rat collicular slices and cultures. *European Journal of Neurosci.* 2003, pp. 752-758