

# Medicolegal Curriculum Vitae

## Dr Rollo Sheldon

BSc(Hons) MB ChB MSc MRCPsych

Consultant Psychiatrist

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### Professional Memberships

GMC Specialist Register (General Adult and Liaison Psychiatry, and Old Age Psychiatry): 7074354  
Royal College of Psychiatrists: 908040  
Medical Defence Union: 485683B

### Professional Qualifications

- Bachelor of Science with Upper Second Class Honours, Medicine, (University of St Andrews, 2007).
- Bachelor of Medicine, Bachelor of Surgery (University of Manchester, 2010).
- Membership of the Royal College of Psychiatrists (2014)
- Master of Science with Distinction in Psychiatry (University of Brighton, 2018).
- Certificate of Completion of Specialty Training (General Adult Psychiatry with Liaison Endorsement, and Old Age Psychiatry, 2010).
- Approved Clinician Status under Section 12 of Mental Health Act 1983/2007 (2020), first Section 12
- Approved Doctor Status achieved in 2014.

### Medico-Legal Practice

I am experienced in providing psychiatric expert reports for the Court, and at providing evidence in Court. Claimant: defence instruction split is presently about 50:50.

### Areas of Psychiatric Expertise

- 1) Post traumatic stress disorder (PTSD)
  - 10 years' clinical experience in assessing and treating patients PTSD and complex PTSD. Causative events have included physical assault, accidents, sexual assault/abuse, and child abuse. I have assessed refugees and veterans.
- 2) Acquired Brain Injury including traumatic brain injury.
  - I undertook specialist neuropsychiatry training at St George's Hospital, London. This involved assessing and managing many patients with acquired and traumatic brain injuries and establishing premorbid mental disorders and personality traits. I have authored a systematic review of treatment outcomes in mild traumatic brain injury.
- 3) Mood disorders
  - Over 10 years' experience assessing patients with a full range of mood disorders, from mild depression and dysthymia to severe psychotic depression, and from cyclothymia to severe and unstable bipolar disorders. I have assessed patients with premenstrual dysphoric disorder
- 4) Alcohol and drug misuse
  - Experienced at assessing patients with alcohol and drug misuse and dependence, most often in combination with other mental disorders. I have authored a review of nitrous oxide misuse for psychiatrists.

- 5) Personality Disorders
  - I have assessed a large number of patients with a variety of personality disorders, especially emotionally unstable (borderline) personality disorders.
- 6) Patients with comorbid physical health conditions including pain
  - In liaison psychiatry, in general hospitals, the majority of my patients have had comorbid physical conditions. I have developed expertise in establishing, for example how depression is differentiated from chronic pain. I was an author of a study into screening for depression in multiple sclerosis.
- 7) Somatic Symptom Disorder and Functional Neurological Disorder (Conversion Disorders)
  - I have assessed numerous patients with suspected conversion disorders. I am skilled at differentiating medically unexplained diagnoses in this area. I have authored a paper on functional non-epileptic attacks.
- 8) Old Age Psychiatry
  - I am a dual trained psychiatrist in general adult and old age psychiatry. I have assessed many old age patients with the full range of psychiatric conditions, including dementia and cognitive impairment.
- 9) Mental Capacity
  - I have undertaken special training in DOLS Assessments. I am experienced in establishing mental capacity incorporating the 5 principles.
- 10) Psychotic illnesses
  - I regularly assess patients with a variety of psychotic illnesses from acute and transient psychosis to chronic schizophrenia. I have many years of experience in this area. I have written articles regarding the assessment and treatment of psychoses.

### **Revalidation and Continuing Professional Development**

- I am engaging in Continuing Professional Development in medico-legal work.
- I am a member of a peer group.
- I am fully revalidated and receive yearly appraisals
- I have a licence to practice.

### **Clinical Experience**

I studied medicine at the University of St Andrews and the University of Manchester (2004-2010).

In addition to general adult psychiatry and liaison psychiatry training I have had additional specialist training in neuropsychiatry at St George's Hospital, London and also in the emerging field of immunopsychiatry in Brighton.

I have been employed as a Consultant Psychiatrist in the NHS since 2020, in a variety of settings, including Community Mental Health Teams, Inpatient wards, and as a Liaison Psychiatrist, in substantive and locum positions. In addition (2021-2), I was Clinical Lead for Community Psychiatric Services in Chichester and Bognor, and Chair of the Consultants' Division for Chichester and Bognor.

### **Academic Publications**

Sheldon, R.J., Pereira, M., Aldersley, G., Sales, T., Hewitt, J., Lyon, R. and Whale, R., 2022. Clinical outcomes following switching antipsychotic treatment due to market withdrawal: a retrospective naturalistic cohort study of pipotiazine palmitate injection (Piportil Depot) discontinuation,

subsequent acute care use and effectiveness of medication to which patients switched. *Therapeutic Advances in Psychopharmacology*, 12, p.20451253211067042.

Harris, R., Sheldon, R., McNulty, J. and Cherry, S. (2021) Improving the safety of rapid tranquilisation in older people. *BJPsych Open. Cambridge University Press*, 7(S1), pp. S28–S28. doi: 10.1192/bjo.2021.129.

Sheldon, R.J., Reid, M., Schon, F. and Poole, N.A., 2020. Just say N2O – nitrous oxide misuse: essential information for psychiatrists. *BJPsych Advances*, 26(2), pp.72-81.

Sheldon R., Schon F., Poole N., 2020. 11 The neuropsychiatry of nitrous oxide. *Journal of Neurology, Neurosurgery & Psychiatry* 2020;**91**:e12.

Arbabi, M., Sheldon, R.J.G., Bahadoran, P., Smith, J.G., Poole, N. and Agrawal, N., 2020. Treatment outcomes in mild traumatic brain injury: a systematic review of randomized controlled trials. *Brain injury*, 34(9), pp.1139-1149.

Sheldon, R.J., 2019. A potentially catastrophic outcome from a false-positive urinary drug screen immunoassay. *The Journal of Forensic Psychiatry & Psychology*, 30(2), pp.185-188.

Sheldon, R., Davies, S. and McNulty, J., 2019. Five years of NMDA receptor antibody testing in a psychiatric hospital. *Progress in Neurology and Psychiatry*, 23(2), pp.22-26.

Thompson, A.G., Sheldon, R., Poole, N., Varela, R., White, S., Jones, P., Mulley, C., Berg, A., Blain, C.R. and Agrawal, N., 2019. A new way of rapidly screening for depression in multiple sclerosis using Emotional Thermometers. *Acta Neuropsychiatrica*, 31(3), pp.151-158.

Sheldon, R., Chapman, C. and Page, L., 2019. The priorities of liaison psychiatry teams in Kent, Surrey and Sussex, UK. *Journal of Psychosomatic Research*, 122, pp.73-74.

Sheldon, R.J. and Agrawal, N., 2019. Functional non-epileptic attacks: essential information for psychiatrists. *BJPsych Bulletin*, 43(4), pp.182-187.

Sheldon, R.J.G., Atta, N., and Punekar, S. 2009. 009 Cardiac ischaemia following acute stroke. *International Journal of Stroke*, 4(Supp. 2) pp.12-13.